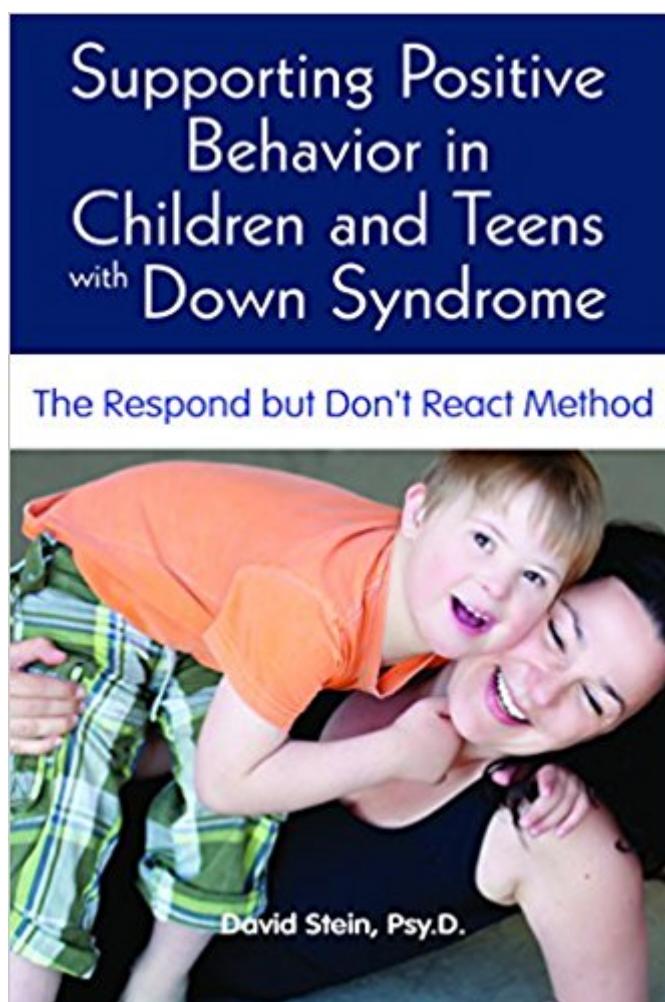


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# Supporting Positive Behavior In Children And Teens With Down Syndrome: The Respond But Don't React Method



## **Synopsis**

A child doesn't want to leave the toy store, so he stops and flops. Another bolts across a busy parking lot, turns and smiles at his mom. An eighteen-year-old student bursts into tears when asked to change activities at school. Sound familiar? These and other common behavior issues in children with Down syndrome can quickly become engrained and may even persist into adulthood. No parent wants that to happen, and thankfully, help is available! Dr. David Stein, a psychologist and Co-Director of the Down Syndrome Program at Boston Children's Hospital, shares his approach to behavior management in this new book for parents. *Supporting Positive Behavior in Children and Teens with Down Syndrome* examines how the brain of a person with Down syndrome works, how those differences impact behavior, and why bad behavior should not be viewed as a willful act. Governed by this new awareness, parents are in a better position to change and manage their child's behavior using these guiding principles: Be proactive, not reactive Be consistent Use visual schedules & Social Stories to direct behavior Develop a token reward chart Keep gut reactions in check Teach siblings to ignore bad behavior Learn effective disciplinary techniques Know when professional help is needed Some of these parenting concepts are intuitive, others are not, but when they are followed consistently, children and teens with Down syndrome do their best behaviorally and the parent-child relationship remains as positive and loving as it should be.

## **Book Information**

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## **Customer Reviews**

The book is palatable reading for any audience, regardless of training or sophistication, and the reader cannot help but feel more hopeful by its conclusion. - --PsycCRITIQUES (American Psychological Association), January 30, 2017, Vol. 62, No. 5, Article 5

Dr. David Stein is the founder of New England Neurodevelopment, LLC, in Concord, MA. He is a pediatric psychologist specializing in neuropsychological testing, assessment of neurodevelopmental disorders, and behavioral and cognitive behavioral therapy. Dr. Stein was on the faculty of Boston Children's Hospital and an Instructor at Harvard Medical School from 2010 to 2016. Dr. Stein has spoken nationally and internationally regarding neurodevelopment and related disorders. He is the author of several scholarly articles, chapters, as well as this book.

This is a great book for several reasons. It gives a spot on description of physical and intellectual traits of a person with Down syndrome. It hits the nail on the head in its strategies of proactive interventions to avoid negative behaviors. Elopement, stop and drop and transitions are some of the items addressed. Book is not too long and hits on all of the important tools for positive behavior formation.

This book filled a great need for our family. It has given us strategies for the difficult moments that happen (some daily) with our preschooler with DS. Transitioning from activity to activity, enlisting her cooperation with tasks she doesn't want to do, dealing with doctor appointments that cause extreme anxiety, encouraging behavior we want repeated, and discouraging unsafe/embarrassing behavior are just the highlights that come to mind. The author explains how the brain of a child with DS is different, so now we can understand and have empathy for our child in her difficult moments, instead of assuming she is just being stubborn and defiant. Right away we have worked as a team to put the suggestions into action and the results have been immediate and positive. The strategies are simple and easy for our other children to implement, who are excited to share what they have learned with other family/friends/babysitters. I have a stack of books on DS, but this one is truly unique in that it gives practical advice for smoothing out the difficulties of today and helping prepare us for new difficulties that may come as our daughter ages. This book has solved the mystery of some of her behaviors that mirror autism that we have not been able to get an explanation for from books or professionals. The only topic not covered that I was hoping to see was potty training; however, I hope to try the general strategies and see if they work. Bottom line, the book is helping us to bring out the best in our daughter, to foster a close and joyful relationship with her, and to advocate for her and her needs with others who care for her.

Hope smokes, best Down Syndrome book ever. My child runs off and has behavior that has got to

stop. Everything I've tried has not worked. Wow, this book was helpful. It is not intuitive at all how to train these kids and I'm 3/4 of the way through and already learning lots. I'm ordering a copy for her teacher and grandparents! Easy ready too.

Everyone with a child with Down syndrome should read this. Teachers and therapists who work with children with DS should read it. It gives the why behind some strategies that work. LOVE this book and want to buy one for everyone who works with my daughter. Hope they print more soon!

Fantastic book! Easy read. Great tips. I've already purchased one for school, one for therapists and one for home! A must if you keep hearing your child is 'stubborn " or lazy!

This book is very informative and spot-on. Dr. Stein has a thorough understanding of the way children with Down syndrome think and behave. I have applied some of his strategies and they really work! I would highly recommend it to other parents or professionals who work with individuals with DS.

Very helpful! This is a good resource for children with Down Syndrome and typical children as well.

Good condition, very helpful

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